



## INSPIRING WOMEN LEADERS

DISTANCE & CONTINUING EDUCATION  
UNIVERSITY OF FLORIDA

*Ignite and Inspire!*

**Thursday, March 8**

**Opening Session 8:30-9:45 am - Welcome and  
Keynote**

***How to Win in Business and Life***

*Jennifer Ransaw Smith*

*This interactive session will provide you with often overlooked tools for navigating through your personal, professional or academic life with success and ease.*

### **Morning Concurrent Sessions**

**Professional – 10:30-12:00**

***Take Charge of Your Money, Take Charge of Your Life***

*Julianne McGuinness*

*Remove the fear and apprehension about money and your finances and learn how to understand, manage and take control of your finances.*

***Self and Relationship Mastery***

*Edie Gandy*

*Gain insights about your personal style and behavioral tendencies and learn about emotional intelligence.*

**Leadership – 10:30-12:00**

***The Authentic Leader***

*Vicki Hall*

*Learn how you can become an authentic leader and lead in a straightforward and honest way, strengthen relationships, and develop a strong self-awareness.*

***Effective Delegation: How to get it Done Right***

*Nadia Alcide*

*Effective delegation and time management in the age of distraction can be difficult. You will learn proper delegation skills, which will save you both time and energy and how to leverage available technology, best practices, and tools to advance yourself as a leader.*

### **Morning Concurrent Sessions (continued)**

**Business – 10:30-12:00**

***Bias, Barriers and Ceilings (panel)***

*Cheryl Calhoun*

*A panel business and community leaders discuss the dynamics and impacts of bias, barriers and ceilings for women in the workforce.*

***The Importance of Networking: Start-ups, Small Businesses and Incubators***

*Kathy Sohar*

*Networking is a vital component of a successful business venture. Join us for a panel discussion about strategies and resources for improving your networking skills and impact.*

**General Session – 1:30-2:30**

***Handling Bullies, Bozos, and Bosses (panel)***

*Barbara Cotes*

*This panel discussion is designed to help leaders address positive and proactive approaches to uncomfortable conversations and unproductive influences. Topics will include self-leadership, peer intervention, and managing up.*



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### Afternoon Concurrent Sessions

#### Professional – 3:00-4:30

##### ***Embrace Productive Conflict***

*Jennifer Ransaw Smith*

*This session will teach participants to learn how to engage in conversations they used to avoid and leverage that ability to their advantage.*

##### ***How to Effectively Assert Yourself***

*Jennifer Webb*

*Discover how to assess your personal influences on assertiveness and be able to resolve conflict through smarter awareness, language and non-verbal skills.*

#### Leadership – 3:00-4:30

##### ***Communicate with Confidence***

*Sean Limon*

*This session focuses on the body language people use to present themselves, and their ideas, confidently. Special attention will be paid to the body language that makes a woman appear unconfident when communicating and what type of body language women can use to appear confident, secure, and sure.*

##### ***Driving Results Through Effective Strategy Execution***

*Tara Blythe*

*Take well-reasoned stands on important issues and responsibility to resolve issues; convey urgency and drive results that have a clear, direct impact on business performance, linking project and process management to organizational strategic execution.*

#### Business – 3:00-4:30

##### ***Turn your idea into action: Make innovation work for you (panel)***

*Jane Muir*

*Innovation is everywhere and those who achieve their full potential are acting on their innovative ideas to make things happen. Are you wondering if you can and should pursue ideas you have but the bold path of innovation seems to be for other people? This session will bring together a panel of experts to help answer what it takes to be an innovator and why that can be the best path for you. Participants will walk away with information on how innovators are defined, how to harness your courage to step-out of your comfort zone, what innovation looks like across several industry sectors and what are the fundamental principles to becoming an effective innovator.*

##### ***Women & Wealth- Emotional, Physical, Financial & more!***

*Pat Gleason & Dr. Judy Bassett*

*Learn about linear vs exponential economic growth & impact ...plus... intentional vs incidental leadership from a female's perspective as the CEO of home or business.*

#### Networking Social – 5:00-7:00



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**Friday, March 9, 2018**

**Opening Session 8:30-9:45 - Keynote**

***Enforcing Boundaries: Supporting Your Core Values, Needs and Goals***

*Rachel Scherl*

### **Morning Concurrent Sessions**

#### **Professional – 10:30-12:00**

##### ***Managing Career and Life Transitions***

*Rachel Scherl*

*Discover how being able to articulate your career and life vision, helps you plan for and embrace change and create alignment with who you are and where you want to go.*

##### ***You Get What you Focus On***

*Laurel Brown & Hollie Walker*

This session will explore the connection between our focus and our fulfillment. We will identify four focus thieves, distractions, habits, self-limiting beliefs and procrastination and learn how to manage them. Join us as we show you that your key to fulfillment is focusing on what matters.

#### **Leadership – 10:30-12:00**

##### ***Creative Empowerment***

*Gregg Jones*

*The only thing you are in control of when it comes to stress and change is your response to it. This workshop will provide the opportunity, and the tools to develop your own untapped creative impulses and function at a higher level, and with less stress, in the workplace.*

##### ***Mindfulness: The Power of the Present***

*Payal Khurana*

*In this workshop, we will practice mindfulness meditation and practical applications of mindful leadership. We will explore the ways in which our ability to create space in our day affects our ability to lead—whether we are leading a global organization, a team, our family or our own lives.*

#### **Business – 10:30-12:00**

##### ***Bias, Barriers and Ceilings (panel) [repeated session]***

*Cheryl Calhoun*

*A panel business and community leaders discuss the dynamics and impacts of bias, barriers and ceilings for women in the workforce.*

##### ***Developing an Entrepreneurial Mindset for Personal Success!***

*Kathey Porter*

*Whether looking to start a business or advance up the corporate ladder, having an entrepreneurial mindset is one of the skills that will get you there! Entrepreneurial thinking is one of the most sought after leadership skills by potential employers, yet ranks as one of the least developed skills in managers. This workshop is designed to help women focus on the three things that will help you develop this mindset and achieve success in communication, action, and relationships.*

#### **Closing General Session – 1:30-3:00**

##### ***Fear Bootcamp: How to Take Action, Stay Relevant, and Make Fear Your Homeboy, Judi Holler-Dunkin***

*In this 90 minute fear boot camp and interactive session, Judi will teach you how to learn how to expand your network, embrace fear, and gain a competitive edge.*