



**INSPIRING
WOMEN LEADERS**

DISTANCE & CONTINUING EDUCATION
UNIVERSITY OF FLORIDA

Ignite and Inspire!

Thursday, March 8		
Opening Session 8:00am-9:15 am Welcome & Keynote	<p><i>How to Win in Business and Life</i> <i>Jennifer Ransaw Smith</i></p> <p><i>This interactive session will provide you with often overlooked tools for navigating through your personal, professional or academic life with success and ease.</i></p>	
Morning Concurrent Sessions 9:30am-10:45am		
Professional	Leadership	Business
<p><i>Take Charge of Your Money, Take Charge of Your Life</i> <i>Julianne McGuinness</i></p> <p><i>Remove the fear and apprehension about money and your finances and learn how to understand, manage and take control of your finances.</i></p>	<p><i>The Authentic Leader</i> <i>Vicki Hall</i></p> <p><i>Learn how you can become an authentic leader and lead in a straightforward and honest way, strengthen relationships, and develop a strong self-awareness.</i></p>	<p><i>Triple Threat Leadership</i> <i>Norinda Rosario Yancey</i></p> <p><i>Learn the three key components of impactful leadership and how together they can help you improve employee engagement, teamwork and diversity</i></p>
Morning Concurrent Sessions 11:00am – 12:15pm		
<p><i>Effective Mentoring</i> <i>Edie Gandy</i></p> <p><i>Gain insights about your personal style and behavioral tendencies and learn about emotional intelligence.</i></p>	<p><i>Effective Delegation: How to get it Done Right</i> <i>Nadia Alcide</i></p> <p><i>Effective delegation and time management in the age of distraction can be difficult. You will learn proper delegation skills, which will save you both time and energy and how to leverage available technology, best practices, and tools to advance yourself as a leader.</i></p>	<p><i>The Importance of Networking: Start-ups, Small Businesses and Incubators (panel)</i> <i>Kathy Sohar, Zannah Marsh, & Anna Prizzia</i></p> <p><i>Networking is a vital component of a successful business venture. Join us for a panel discussion about strategies and resources for improving your networking skills and impact.</i></p>
General Session – 1:30-2:30	<p><i>Handling Bullies, Bozos, and Bosses (panel)</i> <i>Barbara Cotes</i></p> <p><i>This discussion is designed to help leaders address positive and proactive approaches to uncomfortable conversations and unproductive influences. Topics will include self-leadership, peer intervention and managing up.</i></p>	
Afternoon Concurrent Sessions 2:15pm – 3:30pm		



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<p><i>Embrace Productive Conflict</i> <i>Jennifer Ransaw Smith</i></p> <p><i>This session will teach participants to learn how to engage in conversations they used to avoid and leverage that ability to their advantage.</i></p>	<p><i>Communicate with Confidence</i> <i>Sean Limon</i></p> <p><i>This session focuses on the body language people use to present themselves, and their ideas, confidently. Special attention will be paid to the body language that makes a woman appear unconfident when communicating and what type of body language women can use to appear confident, secure, and sure.</i></p>	<p><i>Turn your idea into action: Make innovation work for you (panel)</i> <i>Jane Muir, Jeff City, & Kelly Layman</i></p> <p><i>Innovation is everywhere and those who achieve their full potential are acting on their innovative ideas to make things happen. Are you wondering if you can and should pursue ideas you have but the bold path of innovation seems to be for other people? This session will bring together a panel of experts to help answer what it takes to be an innovator and why that can be the best path for you. Participants will walk away with information on how innovators are defined, how to harness your courage to step-out of your comfort zone, what innovation looks like across several industry sectors and what are the fundamental principles to becoming an effective innovator.</i></p>
<p>Afternoon Concurrent Sessions 3:45pm – 5:00pm</p>		
Professional	Leadership	Business
<p><i>How to Effectively Assert Yourself</i> <i>Jennifer Webb</i></p> <p><i>Discover how to assess your personal influences on assertiveness and be able to resolve conflict through smarter awareness, language and non-verbal skills.</i></p>	<p><i>Strategy and Innovation for Business Success</i> <i>Tara Blythe</i></p> <p><i>This session will broaden your perspective on innovation – positioning it as an imperative not just for start-ups and entrepreneurs, but as the key for all leaders in translating vision into strategy and driving the creation of unique products, services and processes. We will review the business case for innovation, the role of a leader and the strategic requirements for success.</i></p>	<p><i>Women & Wealth- Emotional, Physical, Financial & more!</i> <i>Pat Gleason & Judy Bassett</i></p> <p><i>Learn about linear vs exponential economic growth & impact ...plus... intentional vs incidental leadership from a female's perspective as the CEO of home or business.</i></p>
<p>Networking Social 5:00pm – 6:00pm</p>		



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Friday, March 9, 2018		
Opening Session 8:00-9:15 - Keynote	<i>Enforcing Boundaries: Supporting Your Core Values, Needs and Goals</i> <i>Rachel Scherl</i>	
Morning Concurrent Sessions 9:30am – 10:45am		
Professional	Leadership	Business
<i>Managing Career and Life Transitions</i> <i>Rachel Scherl</i> <i>Discover how being able to articulate your career and life vision, helps you plan for and embrace change and create alignment with who you are and where you want to go.</i>	<i>Creative Empowerment</i> <i>Gregg Jones</i> <i>The only thing you are in control of when it comes to stress and change is your response to it. This workshop will provide the opportunity, and the tools to develop your own untapped creative impulses and function at a higher level, and with less stress, in the workplace.</i>	<i>Bias, Barriers and Ceilings (panel)</i> <i>Cheryl Calhoun, Christina Gardner-McCune, Erica Rodriguez Merrell, Ann Rathbun Favre</i> <i>A panel business and community leaders discuss the dynamics and impacts of bias, barriers and ceilings for women in the workforce.</i>
Morning Concurrent Sessions 11:00am – 12:15pm		
Professional	Leadership	Business
<i>Rediscover the Child Within</i> <i>Laurel Brown & Hollie Walker</i> <i>Join sisters, Hollie P. Walker and Laurel P. Brown, to learn what traits of your inner child can help you create a more fulfilled life today. Through a series of activities and exercises, Walker and Brown demonstrate how to reconnect with the fearless, creative, joyful spirit of your inner child so you can let go of who you think you should be and design the life of your dreams.</i>	<i>Mindfulness: The Power of the Present</i> <i>Payal Khurana</i> <i>In this workshop, we will practice mindfulness meditation and practical applications of mindful leadership. We will explore the ways in which our ability to create space in our day affects our ability to lead— whether we are leading a global organization, a team, our family or our own lives.</i>	<i>Developing an Entrepreneurial Mindset for Personal Success!</i> <i>Kathey Porter</i> <i>Whether looking to start a business or advance up the corporate ladder, having an entrepreneurial mindset is one of the skills that will get you there! Entrepreneurial thinking is one of the most sought after leadership skills by potential employers, yet ranks as one of the least developed skills in managers. This workshop is designed to help women focus on the three things that will help you develop this mindset and achieve success in communication, action, and relationships.</i>
Closing General Session 1:30pm – 3:00pm	<i>Fear Bootcamp: How to Take Action, Stay Relevant, and Make Fear Your Homeboy, Judi Holler, DES</i> <i>In this 90 minute fear boot camp and interactive session, Judi will teach you how to learn how to expand your network, embrace fear, and gain a competitive edge.</i>	



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